

# Permission for Telehealth Visits

## What is telehealth?

Telehealth is a way to visit with healthcare providers, such as your doctor or nurse practitioner.

You can talk to your provider from any place, including your home. You don't go to a clinic or hospital.

## How do I use telehealth?

- You talk to your provider by phone, computer, or tablet.
- Sometimes, you use video so you and your provider can see each other.

## How does telehealth help me?

- You don't have to go to a clinic or hospital to see your provider.
- You won't risk getting sick from other people.

## Can telehealth be bad for me?

- You and your provider won't be in the same room, so it may feel different than an office visit.
- Your provider may make a mistake because they cannot examine you as closely as at an office visit. (We don't know if mistakes are more common with telehealth visits.)
- Your provider may decide you still need an office visit.
- Technical problems may interrupt or stop your visit before you are done.

## Will my telehealth visit be private?

- We will not record visits with your provider.

- If people are close to you, they may hear something you did not want them to know. You should be in a private place, so other people cannot hear you.
- Your provider will tell you if someone else from their office can hear or see you.
- We use telehealth technology that is designed to protect your privacy.
- If you use the Internet for telehealth, use a network that is private and secure.
- There is a very small chance that someone could use technology to hear or see your telehealth visit.

### **What if I want an office visit, not a telehealth visit?**

For now, only telehealth visits are offered, but this may change in the future so stay tuned for updates!

Additionally, if your physical therapist decides it would be best for your case to be seen in-person, she will communicate that with you.

### **What if I try telehealth and don't like it?**

- You can stop using telehealth any time, even during a telehealth visit.

### **How much does a telehealth visit cost?**

- Telehealth visits come in fixed prices based on time allotted. Please see the Services page for more info.

### **Do I have to sign this document?**

No. Only sign this document if you want to use telehealth.

**Do not sign this form until you start your first telehealth visit.** Your provider will discuss it with you.

**What does it mean if I sign (or virtually checkmark) this document?**

If you sign this document, you agree that:

- We talked about the information in this document.
- We answered all your questions.
- You want a telehealth visit.

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Your name (please print) Date

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Your signature Date